

SORROW

Compiled by Lewis Armstrong

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Genesis 44:31

it will happen, when he sees that the lad is not with us, that he will die. So your servants will bring down the gray hair of your servant our father with sorrow to the grave.

How long can sorrow last?

Exodus 3:7

And the LORD said: "I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

What were some of the sorrow that God saw?

Exodus 15:14

"The people will hear and be afraid; Sorrow will take hold of the inhabitants of Philistia.

What caused the sorrow?

Leviticus 26:16

I also will do this to you: I will even appoint terror over you, wasting disease and fever which shall consume the eyes and cause sorrow of heart. And you shall sow your seed in vain, for your enemies shall eat it.

What did God allow here?

Nehemiah 8:10

Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the LORD is your strength."

Instead of sorrow what do we know?

Esther 9:22

as the days on which the Jews had rest from their enemies, as the month which was turned from sorrow to joy for them, and from mourning to a holiday; that they should make them days of feasting and joy, of sending presents to one another and gifts to the poor.

When sorrow changes to joy, what happens?

Job 17:7

My eye has also grown dim because of sorrow, And all my members are like shadows.

What can sorrow lead to?

Psalm 116:2-4

² Because He has inclined His ear to me, Therefore I will call *upon Him* as long as I live. ³ The pains of death surrounded me, And the pangs of Sheol laid hold of me; I found trouble and sorrow. ⁴ Then I called upon the name of the LORD: “O LORD, I implore You, deliver my soul!”

Who and how can one be delivered from trouble and sorrow?

Proverbs 10:22

The blessing of the LORD makes one rich, And He adds no sorrow with it.

Why is sorrow not added?

Proverbs 15:13

A merry heart makes a cheerful countenance, But by sorrow of the heart the spirit is broken.

To what does sorrow lead?

Ecclesiastes 1:18

For in much wisdom is much grief, And he who increases knowledge increases sorrow.

How can sorrow increase with knowledge?

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Ecclesiastes 7:2-3

² Better to go to the house of mourning than to go to the house of feasting, for that *is* the end of all men; and the living will take *it* to heart. ³ Sorrow *is* better than laughter, for by a sad countenance the heart is made better.

How in the world is sorrow better?

Isaiah 35:10

And the ransomed of the LORD shall return, And come to Zion with singing, With everlasting joy on their heads. They shall obtain joy and gladness, And sorrow and sighing shall flee away.

What causes sorrow to flee?

Isaiah 53:3

He is despised and rejected by men, A Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

How does this prophecy about Christ characterized?

Isaiah 53:4

Surely He has borne our grief's And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted.

How do you feel about what Christ has done?

Jeremiah 45:2-4

²“Thus says the LORD, the God of Israel, to you, O Baruch: ³‘You said, ‘Woe is me now! For the LORD has added grief to my sorrow. I fainted in my sighing, and I find no rest.’” ⁴“Thus you shall say to him, ‘Thus says the LORD: “Behold, what I have built I will break down, and what I have planted I will pluck up, that is, this whole land.

What was the burden upon Israel?

Matthew 19:22

But when the young man heard that saying, he went away sorrowful, for he had great possessions.

Why did the young man depart with sorrow?

Matthew 26:22

And they were exceedingly sorrowful, and each of them began to say to Him, “Lord, is it I?”

What was happening here to the Christ's disciples?

Matthew 26:37

And He took with Him Peter and the two sons of Zebedee, and He began to be **sorrowful** and deeply distressed. Then He said to them, “My soul is exceedingly **sorrowful**, even to death. Stay here and watch with Me.”

Why was Christ sorrowful?

John 16:20

Most assuredly, I say to you that you will weep and lament, but the world will rejoice; and you will be sorrowful, but your sorrow will be turned into joy.

What will turn their sorrow to joy?

John 16:21-22

A woman, when she is in labor, has sorrow because her hour has come; but as soon as she has given birth to the child, she no longer remembers the anguish, for joy that a human being has been born into the world. Therefore you now have sorrow; but I will see you again and your heart will rejoice, and your joy no one will take from you.

What is the resurrection of Christ liken unto?

2 Corinthians 2:3

And I wrote this very thing to you, lest, when I came, I should have **sorrow** over those from whom I ought to have joy, having confidence in you all that my joy is the joy of you all.

What is it that would lead Paul to sorrow?

2 Corinthians 7:9-11

9 Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. 10. For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death. 11 For observe this very thing, that you sorrowed in a godly manner: What diligence it produced in you, what clearing of yourselves, what indignation, what fear, what vehement desire, what zeal, what vindication! In all things you proved yourselves to be clear in this matter.

Explain what happens when we have a Godly manner.

Philippians 2:27

For indeed he was sick almost unto death; but God had mercy on him, and not only on him but on me also, lest I should have sorrow upon sorrow.

What could have happened to Paul in this situation?

Philippians 2:28

Therefore I sent him the more eagerly, that when you see him again you may rejoice, and I may be less sorrowful.

What would cause Paul to having less sorrow?

1 Thessalonians 4:13

But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope.

Explain the conditions here.

1 Timothy 6:10

For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.

What leads to being pierced with sorrows?

Revelation 18:7

In the measure that she glorified herself and lived luxuriously, in the same measure give her torment and sorrow; for she says in her heart, 'I sit as queen, and am no widow, and will not see sorrow.'

What will pride lead to?

Revelation 21:4

And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away."

Explain the beauty of this situation?

What should a sermon contain that deals with sorrow?
