

CHRISTIAN GROWTH COURSE - STUDY QUESTIONS on Self Esteem

1. Who had made us as we are? Genesis 1:27; Exodus 4:11.
2. How long has God known us individually? Psalm 139:13-16.
3. God makes us because he wants us to be his \_\_\_\_\_ . Isaiah 49:5.
4. Considering the above facts, if I complain about how I am made, I am questioning the wisdom and purpose of \_\_\_\_\_ . Isaiah 45:9.
5. Even the things in our person that we would like to change can be used by God for our \_\_\_\_\_ . Romans 8:28.
6. Does God want it to be well with us? Deuteronomy 5:29.
7. God can actually use me best to show his power when I am \_\_\_\_\_ . 2 Corinthians 12:7-10.
8. Some undesirable things come into our lives to show God's \_\_\_\_\_ as they are overcome by his grace. John 11:4; 9:1-3.
9. Name some persons whom God used in an outstanding way in his work, and name something in each one's life which could have caused the person to feel inferior:

	<u>Name</u>	<u>Cause</u>
Genesis 37:3-36		
Genesis 32:30, 31		
2 Kings 2:23		
Judges 11:1		
Judges 6:15		
Acts 7:23-29		
Exodus 4:10		
2 Corinthians 12:7-9		
Luke 19:2, 3		
1 Timothy 5:23		

10. Does God value the friendship of humans? Exodus 33:11; James 2:23; John 15:15.

11. Briefly name some statements of scripture that show how much God values each of us:

John 3:16; Romans 5:8

Matthew 18:12-14

1 Peter 5:7

Luke 12:6, 7

12. What is one human life worth? Matthew 16:26.

13. Why is your life especially worthwhile? Galatians 2:20.

14. Who is working to change and beautify our lives? Ephesians 2:10; Isaiah 61:3.

15. What does scripture say about one Christian in Christ's body being envious because he hasn't the same gift as some other Christian? 1 Corinthians 12:14-18.

16. Is there any member of Christ's body which is unnecessary or unimportant? 1 Corinthians 12:21-26.

17. Does everyone have some gift with which to serve God? Romans 12:4-8.

18. Does any one person have all the gifts? Romans 12:4-8.

19. What does scripture say about our comparing ourselves with others? 2 Corinthians 10:12.

20. Whose opinion of our value is most important? Romans 2:29b; John 5:44.

21. What does God look at when he weighs a person's value? 1 Samuel 16:7.

22. Think of and name three main things that the unbelieving world thinks are most important in a person.

23. Outward beauty alone is . Proverbs 31:30.
24. What can change a person's whole appearance? Proverbs 15:13.
25. List some things that could have destroyed Jesus' self-esteem.
- Isaiah 53:2.
- Isaiah 53:3.
- Matthew 13:53-58; John 7:5; Mark 3:21.
- John 1:46.
- Luke 9:58.
- Galatians 3:13.
26. How does God view the following problems?
- Aging: 2 Corinthians 4:16; Proverbs 16:31.
- Orphanhood: Psalm 68:5.
- Poverty: Psalm 72:12.
- Racial differences: Galatians 3:28.
27. If God forgives you, what should you do for yourself?
28. Do you think people see themselves as they appear to others?
29. Do you think more people see themselves as less valuable than they are, or as more valuable than they are?
30. How do you think the media affect our problems with self-image?
31. What causes real beauty and worth to come into our lives? Galatians 5:22, 23.

32. What kind of beauty does not fade with age? 1 Peter 3:3, 4.

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