

CHRISTIAN GROWTH COURSE - STUDY QUESTIONS - UNIT 5

1. How does habitual resentment affect one's relationship with God? Matthew 6:12, 14.
2. We must forgive because we all need _____ . Mark 11:25; Romans 3:23.
3. Does God accept us because we are always right, or because he is gracious and merciful? Titus 3:5; Psalm 103:10.
4. At what point are we to deal with our anger? Ephesians 4:26, 27.
5. If I resent what someone has done, what three things am I to do?
Matthew 18:15
Romans 12:14; Matthew 5:44b
Romans 12:17, 21
6. Did Jesus insist on having his rights? Philippians 2:5-11. What does our attitude about our rights have to do with resentment?
7. How do you think old hurts carried from earlier in life affect a person's reaction to present-day wrongs against him?
8. The alternative to anxiety is _____ . Philippians 4:6, 7; Luke 18:1
9. Addictive worriers must learn to repeatedly give up their worries to _____ until it becomes a way of life. 1 Peter 5:7.
10. Can a person deliberately quiet his soul? Psalm 131:2.
11. If you let yourself keep on fearing a thing long enough, what often happens as a result? Job 3:25.
12. Fear is the opposite of _____ . Mark 4:40.
13. Is faith (trust) a feeling or a decision? (Can a feeling be commanded?) John 14:1.

14. What does God allow us to worry about as his children? Philipians 4:6, 7.
15. It is wrong to indulge in habits which harm our bodies, because our bodies belong to . 1 Corinthians 6:18-20; 3:16, 17.
16. How do you think lack of parental discipline in childhood might affect a person's self-control in regard to food or other indulgences?
17. A person can commit adultery without touching another person, if he does what? Matthew 5:28.
18. Do you think Jesus is talking here about just recognizing a natural attraction, or about mental intention to do wrong?
19. How would keeping oneself occupied help in overcoming sexual addiction?
20. How would low self-esteem make a person more vulnerable to sexual addiction?
21. What connection does our reading, viewing, listening and fantasizing have to do with addiction to immorality?
22. What power do Christians have, which psychiatry alone lacks, for overcoming addictions? 2 Corinthians 5:14; 10:4, 5.
23. In order for this power to work in his life, a person must not only know doctrine, but must have what kind of relationship with Christ? John 14:23; 15:15.
24. In one word, how would you yourself describe the real state of the alcohol addict? Proverbs 23:29-35.
25. What gives better and more lasting joy than drink or drugs and does not leave you with more problems than you had before? Ephesians 5:18, 19.
26. Is real contentment based on how many "things" you can buy? Philipians 4:11-13; 1 Timothy 6:6-9.
27. Once the "new" wears off a purchased item, what must the compulsive spender do?

28. If a person cannot control his use of a credit card, what would be a good thing to do?
29. What will help us realize the real values in life? John 8:32; Psalm 119:105.
30. If the love of a thing or a practice or a habit controls us instead of God controlling us, what has it become? Colossians 3:5c; compare Matthew 6:33.

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